## Peripheral Vascular Disease

· Stroke

The earlier the comorbidity is managed, the lower the risk of complications.<sup>4</sup>



· Catheter-directed thrombolysis

(CDT)

## **Coding & Documentation**

Smoking

NOTE: The information listed here is not all-inclusive and should be used as a reference only. Please refer to current ICD-10 coding and documentation guidelines at cms.gov

М	ost Common Peripheral Vascular	Diseases	Code also, if applicable:
Peripheral artery disease (PAD) or peripheral vascular disease (PVD)  Intermittent claudication Peripheral angiopathy Spasm of artery Unspecified disorder of the blood vessels outside the heart and chest Note: Unspecified PAD/PVD and other conditions above are assigned 173.9.	Atherosclerosis  Aorta, 170.0  Renal Artery (stenosis), 170.1  Native arteries of extremities, 170.2– (must be explicitly stated to code)  With intermittent claudication  With rest pain  With ulceration  With gangrene  Note: Atherosclerosis of extremities; unspecified refers to type, not location	Aneurysm  Aneurysm  Aneurysm  Anteriovenous aneurysm  Acquired, 177.0  Congenital (AVM), Q27.3  Unspecified aneurysm, 172.9  Deep vein thrombosis (DVT), 182-  Varicose veins, 183-, 186-  Chronic venous insufficiency, 187.2  Critical limb-threatening ischemia, 199-	Total chronic occlusion, I70.92 Renovascular hypertension, I15.0 Acute kidney failure or CKD, N17-, N18- Tobacco use/dependence, F17-, Z72.0 Amputation of extremity, Z89- Document and code all chronic conditions that require treatment or that affect care or management.
<ul> <li>5 Signs of PVD¹</li> <li>Pulselessness</li> <li>Paralysis</li> <li>Paresthesia</li> <li>Pain</li> <li>Pallor</li> </ul>		<ul> <li>Physical Examination Requirements<sup>2</sup></li> <li>Pulse palpation</li> <li>Auscultation for femoral bruits</li> <li>Inspection of legs and feet</li> </ul>	
Examples include:  Foot, calf, buttock, hip or thigh discomfort when walking that is relieved by rest (claudication)  Infection, skin wound or ulcer on feet or toes that is slow to heal (8–12 weeks)  Atrophic skin changes  Toes or feet appear pale, discolored or bluish  Cyanosis  Decreased nail growth  Slow capillary refill  Non-pressure ulcer  Abnormal or diminished pedal pulses  Femoral or carotid bruit		Abnormal physical examination findings must be confirmed with diagnostic testing.  Ankle brachial index (ABI)  CT angiogram (CTA)  Doppler ultrasound  MRI  Document to the highest degree and code to the highest specificity.  Identify the vessel, extremity and laterality, when applicable.  Indicate if the condition as acute or chronic  Document cause and effect relationships  Assign the appropriate ICD-10 diagnosis code  Refer to official ICD-10 coding and documentation guidelines	
Risk Factors/Comorbidities  · High cholesterol  · Hypertension  · Diabetes  · Morbid obesity	Complications/Manifestations  Limited mobility  Infection  Amputation  Heart attack	Lifestyle Changes Medications  • Healthy diet • Statins  • Regular exercise • Vasodilators  • Lose weight • Anticoagulants	Procedures  Angioplasty Stents Endarterectomy

Quit smoking

· Control blood sugar

- 1 https://vascularcures.org/what-is-vascular-disease/
- 2 Everett Stephens, MD. Peripheral Vascular Disease Guidelines. [Updated 2017 Dec. 31]. In: Medscape [Internet]. 1994–2020 by WebMD LLC. https://emedicine.medscape.com/article/761556-guidelines
- 3 https://www.healthline.com/health/peripheral-vascular-disease#prevention
- 4 Smith DA, Lilie CJ. Arterial Occlusion, Acute. [Updated 2020 Apr. 23]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan.-. https://www.ncbi.nlm.nih.gov/books/NBK441851/ (http://creativecommons.org/licenses/by/4.0/)